



WAKEMED CHILDREN'S PRESENTS  
**SportFit Heart: An EKG Screening Event**

Tuesday, February 26 • 5 to 8 pm  
WakeMed Apex Healthplex, 120 Healthplex Way, Apex

A cardiac arrest can happen quickly and without warning and it's not just older adults. In fact, it is reported that a young competitive athlete dies suddenly every three days in the United States. And for young athletes the risk is twice that of non-athletes.

A simple, non-invasive test called an EKG can help to identify potential life-threatening conditions. This free screening event is open to athletes in all disciplines between 11 and 18 years of age.

All athletes under the age of 18 must be accompanied by a parent or legal guardian. Preliminary results will be made available to participants and parents on the day of the event.

**Register at [events.wakemed.org](https://events.wakemed.org) beginning Tuesday, Feb. 12.**

